



Open to non members

Gift vouchers available

Free secure parking

Opening Hours

Monday to Wednesday

9.00am - 4.00pm

Thursday

9.00am - 7.00pm

Friday

9.00am - 1.30pm

December - March Saturday available

9.00am - 1.30pm

Telephone reception for an appointment

01543 257704

Treatments and booking terms

*client accepts the responsibility to pay 50% of treatment charge if less than 24hours notice of cancellation is given

*late arrivals may constitute a reduced treatment time especially if there are clients booked in after yourself.



At Unique Beauty By Clare we are proud to use The Heaven skin care range. Our products are used by celebrities and made sensationally famous for The Bee Venom mask used by Kate Middleton before her wedding.

Heaven skin care uses natural, unique and organic ingredient combinations and do not add artificial colours or fragrances to any of their products.

Waxing

For best results please ensure 1/4 inch growth of hair and take care not to apply any body lotions, creams or oils on the day of your treatment.

Eyebrow wax	£6.50
Lip or chin	£5.00
Lip and chin	£8.00
Lip, chin and cheeks	£10.00
Under arm	£7.00
Forearm(wrist to elbow)	£8.00
Full arm(wrist to shoulder)	£12.00
Bikini	£9.00
Brazilian	£12.50
1/2 leg(knee to ankle)	£12.00
Upper 1/2 leg	£14.00
3/4 leg	£15.00
Full leg	£20.00
Full leg & bikini	£23.00

Eye Treatments

If you have never had an eyelash tint before a patch test is required at least 24hrs prior.

Eyebrow shape	£6.50
Eyebrow tint	£6.00
Eyelash tint	£8.50
Eyelash & eyebrow tint	£12.50
Eyelash, eyebrow tint & eyebrow shape	£17.50

Lichfield Health & Fitness Club
Rotten Row, Lichfield WS13 6JB

01543 257704

Non Surgical Face Lift

Comfortable micro current is used re educating the muscles to either relax or contract so your muscle tone is improved, facial contours are redefined and lines and wrinkles are softened and smoothed. A course of 12 is highly recommended for noticeable results and we advise 1-2 treatments a week and then monthly treatments to maintain your results.

Per treatment	£40.00
Course of 3	£110.00
Course of 6	£215.00
Course of 12	£425.00

Hydration Mask (addition)	£17.00
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Non Surgical & Hydration mask	£55.00
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Hydration Mask Facial

The hydration mask is a great addition to your non surgical face lift, microdermabrasion or as a treatment in its own rite. The collagen and Hylaronic gel mask becomes conductive with the micro-current, this then swathes the whole face in a rejuvenating energy helping to hydrate the skin to a deeper level and to plump out and soften fine lines and wrinkles which calms and soothes the skin

Per treatment.	£35.00
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Microdermabrasion

Microdermabrasion is particularly effective for the treatment of sun damaged skin, acne scarring, skin blemishes and pigmentation. The skin is exfoliated by removing the superficial layer leaving your skin softer, clearer and cleaner. You will be advised if a course is needed.

Per treatment	£30.00
Course of 3	£80.00
Course of 6	£150.00

Indulgence Facial

Unique beauty's most advanced facial, you're treatment will begin with a microdermabrasion, followed by our non surgical face lift and completed with the hydration mask totally indulgent and utterly fantastic, you're skin will now have the wow factor.

Per treatment	£60.00
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Unique Beauty Facials

With each of these facials you will experience a head and scalp massage, also a hand and arm massage.

Pick Me Up Facial

Our express facial is ideal for when you are short on time or just fancy a quick pick me up, your skin will be cleansed, toned and analysed to customise your needs followed by exfoliation and a personalised mask. **£26.50**

Relaxing Facial

Your skin is deep cleansed, toned and exfoliated followed by a tension releasing massage including the face, neck, shoulders and scalp then finished with a personalised mask. **£33.00**

Extra Relaxing Facial

Your treatment will commence with a tension releasing back massage followed by our relaxing facial. **£41.50**

Holistic Approach

The holistic approach takes care of not only the body but total well being of emotional and spiritual health.

Indian Head Massage

This massage has been created drawing inspiration from oriental techniques, working on the shoulders, arms, neck, scalp and face it helps to relieve tension, headaches, eye strain and creates a feeling of relaxation and well being. **£25.00**

Hopi Ear Candling

The candle is made from honeybee bees wax, linen and flax, it not only has a therapeutic and spiritual effect but can assist treating sinus problems, headaches, migraines and head colds this painless treatment is incredibly soothing and relaxing. **£25.00**

Aromatherapy Massage

The combination of using therapeutic massage and aromatherapy oils tailored to the individuals needs can soothe, revitalise and uplift the spirit.

Full body	£35.00
Back, neck and shoulders	£25.00

Hot Stone Therapy Massage

A deep tissue massage is achieved by using hot Basalt stones which will instantly soothe the body into its deepest state of relaxation.

Full body.	£45.00
Back, neck and shoulders.	£35.00

Orli Candles

A spa inspired skin care product designed to moisturise and nourish your skin.

Candle Massage

Made from Shea butter and essential oils, the candle melts at a consistent 38°. The warm oil is the drizzled over the skin for a luxurious and nourishing massage helping to melt away tension.

Full body (includes body brush exfoliation)	£50.00
Back, neck and shoulders	£35.00
Candles to take home	£9.99 - £17.99

Cocoon Body Wrap

Your treatment will commence with a body brush exfoliation, therapeutic oils drench the skin before being massaged into the skin and cocooned in a comforting foil wrap, all combined with a pick me up facial and de stress scalp massage. **£55.00**

Hand Treatments

Our hand and nail treatments are carried out using O.PI specialised products, nail polish and true gel colour.

Manicures

You're hands will be soaked, cuticles tidied, you're nails shaped, followed by a hand and arm massage and then if you choose a colour of your choice.

Without polish	£14.00
With polish	£17.00
French polish	£19.00
File and polish only	£10.00

Luxury Manicure

You're hands will be exfoliated and soaked, your cuticles tidied, nails shaped followed by a deeply hydrating hand mask using heated mitts, finally your hands and arms will be massaged and then if you choose a colour of your choice.

Without polish	£19.50
With polish	£22.00
French polish	£24.00

Paraffin Wax Treatment

A deeply penetrating treatment that moisturises the skin at a much deeper level, it has a wonderful soothing and analgesic effect especially when 100% pure aromatherapy oils are added. **per treatment £12.00 added on £10.00**

O.PI True Colour Gel Polish

A high shine that will last for weeks without chipping or peeling and won't damage the natural nail.

Gel Manicure

The nails are shaped and if needed cuticles tidied then an application of your chosen true colour gel. **£15.00**
£18.00
 Removal of product takes 15 minutes which is free if renewing.
 removal only **£8.00**

Foot Treatments

O.PI offer award winning nail care products, they are Hollywoods choice as the ultimate accessory for glamorous red carpet nails.

Please be advised to bring a pair of flip flops with you to help aid the drying time otherwise it may result in a less than perfect finish.

Pedicures

You're feet will be soaked, hard skin removed, cuticles tidied. Your nails are then shaped followed by a foot and leg massage and then if you wish to choose a colour of your choice.

Without polish	£16.50
With polish	£19.50
File and polish only	£10.00

Luxury Pedicure

You're feet will be exfoliated, soaked, your cuticles tidied, nails shaped then followed by a deeply hydrating foot mask using heated boots, finally your feet and legs will be massaged and then if you wish to choose a colour of your choice.

Without polish	£20.00
With polish	£23.50

Callus Peel

Fantastic and relaxing way for your feet to be rid of unwanted dry, hard skin that will be removed easily by a grain free exfoliator, followed by a relaxing foot and leg massage. **£18.00**

O.PI True Colour Gel Polish

Incredibly hard wearing for toes, you're nails are shaped and if needed cuticles tidied and an application of your chosen true colour gel polish.

Gel Pedicure

Coloured	£18.50
French	£21.50

Removal of product takes 15 minutes which is free if renewing.
 removal only **£8.00**